

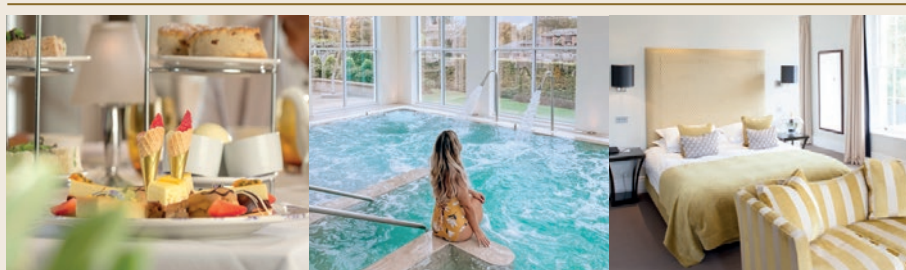


Discover Newmarket

The 2020 Guide to Newmarket and the surrounding area



discovernewmarket.co.uk



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Welcome to the unique world of Newmarket

Newmarket is renowned across the world as a colourful and exciting centre for thoroughbred racing, and there's so much more to see and do. A cosmopolitan town, it wakes up early and is always buzzing with activity.

Newmarket is home to all that is best in the horseracing industry. Palace House, which dates back to the reign of Charles II and has been beautifully refurbished in recent years, comprises three complementary attractions in the heart of the town: the National Horseracing Museum, the National Gallery of British Sporting Art, and a chance to meet former racehorses and learn what they do after racing, in the flagship home of Retraining of Racehorses. The Racecourses themselves dominate the south side of the town and the National Stud, The Jockey Club Rooms, Tattersalls and many highly successful stud farms and trainers complete the picture.

Newmarket is also an ideal base for tours of the East of England, with Cambridge, Ely and Bury St Edmunds all within fifteen miles; it is perfect for a day visit or short break at any time of the year. Combine one of our amazing tours with a night's stay in any number of our hotels and make sure you have time to check out some of our eateries where you can experience some exquisite meals in stunning surroundings. We are perfectly located and easily accessible so check out our website and start planning your visit.

This Guide aims to offer a flavour of what to see and do. For more information visit www.discovernewmarket.co.uk

@DiscoverNKT discovernewmarket
 @discovernewmarket



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Discover Newmarket, Palace House, Palace Street, Newmarket CB8 8EP
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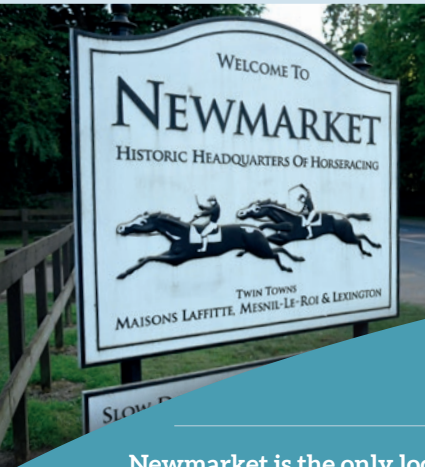
The Home of Horseracing

Newmarket had been a regional trading centre for over 800 years, linked to the region by the ancient Icknield Way. Newmarket thrived because of its market and a lucrative trade in accommodating travellers and so it continued for centuries, until King James I 'discovered' its Heath in 1604 as a great leisure venue for his court and Newmarket's sporting associations began.

The town's fame as an equine centre expanded dramatically in the reign of Charles II, when the King's passion for

horses contributed significantly to its prosperity.

The history of Newmarket is inextricably tied up with the history of horseracing. The town is home to the National Heritage Centre which in the autumn of 2016 moved to its new premises at Palace House and Stables which now incorporates the National Horseracing Museum.



Newmarket is the only location in the world to offer two separate turf racecourses, each with their own facilities: The July Course and The Rowley Mile.

75% of prize money won by horses bred in the UK is claimed by the offspring of Newmarket-based stallions.

In 1965 it was the first racecourse in Britain to introduce starting stalls.

It is home to the oldest bloodstock auctioneers in the world and the largest in Europe: Tattersalls.

During World War Two, Newmarket's Rowley Mile Racecourse was used as one of the key bases for the RAF Bomber Command. Horseracing continued on the July Course and the Derby moved from its traditional venue at Epsom and run at Newmarket during the war years.

Newmarket Racecourses holds thirty-nine annual fixtures including nine of the thirty-two British Group 1 races.

At the top end of the High Street, near the Rutland Arms, be sure to take a look at the Bill Tutte Memorial. Born at Fitzroy House, the current yard of trainer Michael Bell, in 1917, Tutte went on to join the Government Code and Cypher School at Bletchley Park where he played a vital role in breaking intercepted German messages which had been coded using the notoriously complex Lorenz machine, an achievement described as 'one of the greatest intellectual feats of World War Two'. Created by Harry Gray, the memorial has a number of clever elements and embodies a code to crack yourself - it's a real challenge!

Newmarket has been home to three royal palaces.

The Town Plate in Newmarket is the oldest organised race in existence, dating from 1666, and still uses the same course.

It is home to one of the best ever champions to grace the turf - Frankel, who now resides at Banstead Manor, which you can visit on one of Discover Newmarket's specialist tours.

The Mane Attraction

Discover Newmarket is the official tourism body and runs a series of fascinating tours where you can go behind the scenes and enjoy a true insight into the headquarters of thoroughbred breeding, racing and training. You don't have to be a racing fan to enjoy the experience as it is as much about the story of this historic town as the racing. From the stunning views of the early morning Gallops to the insights into a day in the life of a working trainer's yard, you will come away in awe of how Newmarket stakes its claim as the headquarters of British racing.

Public tours run throughout the year with the official season starting on Friday 14th February to tie in with the start of the covering season. Guided tours of the National Stud run every Wednesday to Sunday and it is here you will see legends such as Lord Windermere and Jack the Giant as well as all the foals which are destined to be tomorrow's future stars.

2020 Tours Programme

Visit our website for more information and to book one of our fabulous tours:
www.discovernewmarket.co.uk

Taster Tour

9.00 Morning visit to The Gallops
10.30 Breakfast at the Heath Court Hotel

The Newmarket Experience

7.30 Morning visit to The Gallops
8.30 Visit to a Trainer's Yard
9.30 Tour of The National Stud
11.00 Brunch at the National Stud

The Ultimate Newmarket Experience

9.00 Morning visit to The Gallops
10.15 Visit to a Trainer's Yard
11.15 Morning refreshments
11.30 Tour of National Stud
13.00 Lunch at The Tack Room, Palace House
14.15 Tour of Palace House

For the racing connoisseur, Discover Newmarket offers a variety of Feature Tours where you have the opportunity to meet top Champion Trainers and visit some of our prestigious Studs and Trainer's Yards. Combined with some excellent dining experiences, these tours sell out fast, so make sure you are amongst the first to know when the dates are released by signing up to our e-newsletter at www.discovernewmarket.co.uk

A Day at the Races

Of course, our tours programme would not be complete without a trip to the races. Extend your day by booking one of our Race Day Tours where before you begin your day's racing you will go behind the scenes and visit areas not normally accessible and even have a brief tutorial on how to back a winner!

Other Specialist Experiences

More interested in history, food or art? Then why not try one of our specialist tours that can be tailored to your requirements and preferred dates. From guided walks to art and food trails, contact the Discover Newmarket team to find out more.

Group Visits

Whether you come on a coach or make use of our mini-buses, all our tours can be tailored to your particular needs and are fully accessible. We work on bespoke tours for individuals or groups and are happy to work with you to create a memorable experience. Free Coach parking is available at Palace House and the National Stud.

Gift Vouchers

Looking to treat someone? We offer a range of gift vouchers suitable for all tastes and budgets, so treat someone today.

The Gallops



Trainer's Yard



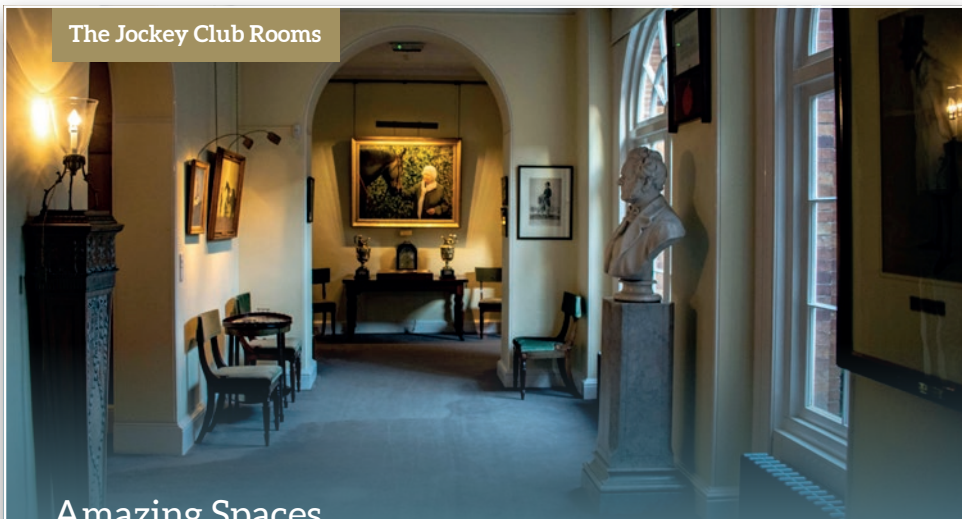
National Stud



Organise your group visit



The Jockey Club Rooms



Amazing Spaces

The long-standing royal connection with Newmarket has encouraged the development of many wonderful buildings and few towns have so many amazing rooms within such a small area: from the private rooms at The Jockey Club filled with precious art and antiques to the world famous Rotunda at Tattersalls where the excellent acoustics are ideal for a variety of concerts, functions and even auctions. Along with the Rowley Mile Race Course, Palace House and the Bedford Lodge Hotel conference rooms, there is so much choice for social or corporate groups looking for a special place for a celebratory gathering or a prestigious meeting or product launch. There is the added bonus of enhancing your day by booking a tour. Contact the Discover Newmarket team and let us create a bespoke plan for your visit.

The Sales Ring at Tattersalls



PALACE HOUSE NEWMARKET

Palace House, the former royal palace of Newmarket, offers an unrivalled collection of visitor attractions.

Explore the history and heritage of the horse and horseracing through a series of fascinating displays and exhibitions, sited at the heart of the international Home of Horseracing.

This five-acre site is home to an extensive collection of British Sporting Art, the National Horseracing Museum and the flagship yard of the Retraining of Racehorses, which offers daily demonstrations.

Visit our excellent restaurant, The Tack Room, which offers the Best of British seasonal and local produce. And don't forget our large and comprehensive shop, where you'll find gifts for every occasion.

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THE JOCKEY CLUB
NEWMARKET

2020 FIXTURE LIST NEWMARKET RACECOURSES

Spring on the Rowley Mile

The bet365 Craven Meeting
Tuesday 14th April | Wednesday 15th April
Thursday 16th April

The QIPCO Guineas Festival
Saturday 2nd May | Sunday 3rd May

The Spring Meeting
Thursday 14th May (eve) | Friday 15th May
Saturday 16th May
Saturday 30th May

Summer on the July Course

Newmarket Night | Fri 19th June (eve)
Summer Saturday | Sat 20th June
Summer Meeting | Thurs 25th June
Newmarket Night | Fri 26th June (eve)
Summer Saturday | Sat 27th June

The Moët & Chandon July Festival
Thursday 9th July | Friday 10th July
Saturday 11th July

Newmarket Night | Fri 17th July (eve)
Summer Saturday | Sat 18th July
Newmarket Night | Fri 24th July (eve)

Summer on the July Course

Summer Saturday | Sat 25th July
Newmarket Night | Fri 31st July (eve)
Summer Saturday | Sat 1st Aug
Newmarket Night | Fri 7th Aug (eve)
Summer Saturday | Sat 8th Aug
Newmarket Night | Fri 14th Aug (eve)
Summer Saturday | Sat 15th Aug
Family Fun Day | Fri 28th Aug
Summer Saturday Live | Sat 29th Aug

Autumn on the Rowley Mile featuring The Newmarket Gold Season

Cesarewitch Trial Day | Sat 19th Sept

The Cambridgeshire Meeting
Thursday 24th Sept | Friday 25th Sept
Saturday 26th Sept

Sun Chariot Day | Sat 3rd Oct

Dubai Future Champions Festival
Friday 9th Oct | Saturday 10th Oct

Two Year Old Day | Wed 21st Oct

The Final Meeting
Friday 30th Oct | Saturday 31st Oct



BOOK TICKETS NOW

Call 0344 579 3010 or visit thejockeyclub.co.uk/newmarket

*Excludes Newmarket Nights and Summer Saturday Live music events

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◆◆◆◆
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20 Things To Do in 2020



Go off-roading –
on a Quad Bike



Admire the splendour of the
Jockey Club rooms



Attend an auction at Tattersalls



Relax in
a luxury spa



Take a traditional afternoon tea



Relish a Newmarket
sausage or three



Buy some equine art



Crack the code at the
Bill Tutte Memorial



Enjoy the thrill of a day
at the races



Enjoy the tastes of world cuisine



Get up early and visit the Gallops



Stroll along the Devil's Dyke



Visit the West Stow Anglo-
Saxon Village



Make friends with a foal at the
National Stud



Indulge yourself in
the world of fine wine



Enjoy some retail therapy



Savour some freshly-brewed
Japanese Sake



Take in a concert at the Apex in
Bury St Edmunds



Discover Oliver Cromwell's
House in Ely



Explore the royal links to
Newmarket at Palace House

20 Things To Do in 2020

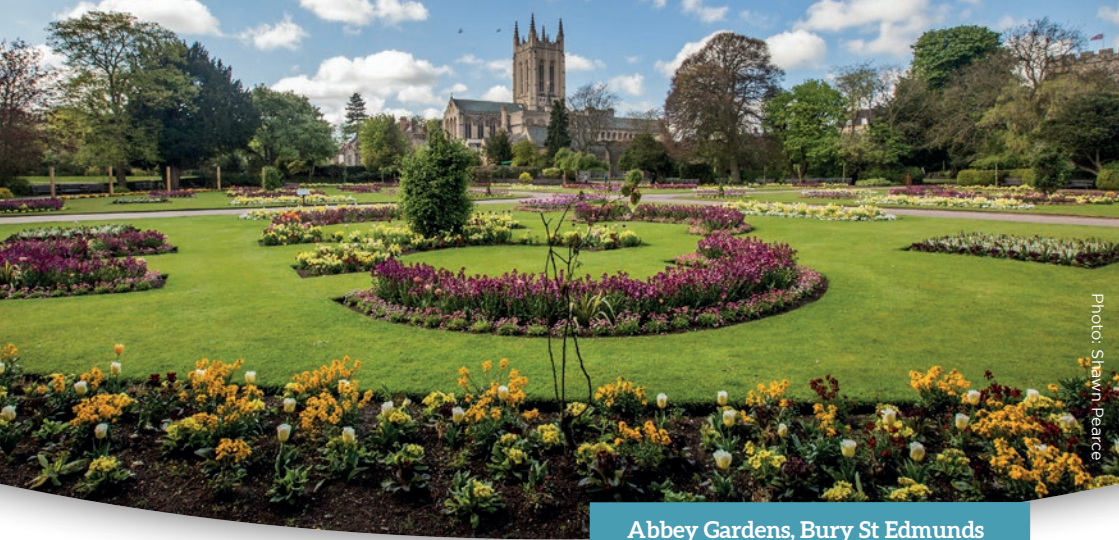


Photo: Shawn Pearce

Abbey Gardens, Bury St Edmunds

More to Discover

Welcome to Suffolk: a county filled with natural beauty, bordered by 50 miles of glorious coastline and topped with breathtaking skies. It's the perfect holiday destination, full of charming villages and medieval towns which draw in artists and writers, and its bounty of great produce and restaurants make it a special spot for foodies. Holiday in Suffolk and explore Constable Country, experience maritime life in Ipswich, or simply spend long, lazy days by the sea. The fabulous attractions and great days out in Suffolk mean you can do as much as you want, or as little. Sometimes, in a place this rich and beautiful, just being there is pleasure enough. To discover more visit www.visitsuffolk.com

Fifteen miles to the east of Newmarket, Bury St Edmunds boasts many heritage sites including a cathedral, Britain's only surviving Regency theatre, the resting place of Mary Tudor and a hotel once frequented by Charles Dickens. The town is walkable and compact, with a cobbled core that is partially pedestrianised at the weekend.

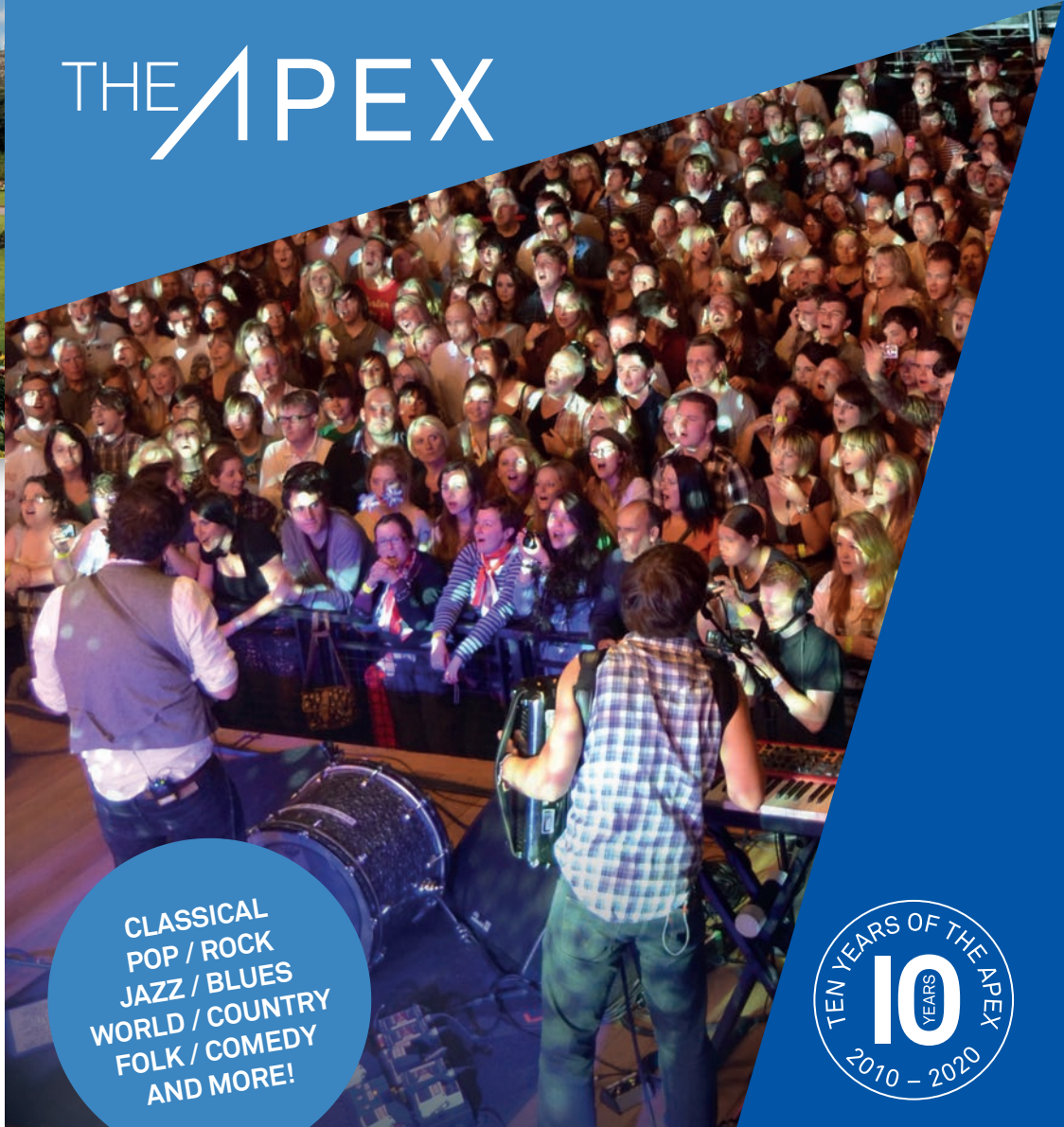
For an introduction to the area, the 900-year-old Moyse's Hall Museum is a good starting point, where the brilliantly eclectic exhibits range from the ornate (centuries-old gold artefacts) to the macabre (a book bound in human skin). There is also an entire room dedicated to clocks. It hosts regular events such as exhibitions, workshops and history talks.

On the southern edge of the old town is St Edmundsbury Cathedral. It was only established in 1914, but there has been a church on the site since the 11th century, rebuilt and extended numerous times. The wonderful cloister and Millennium Tower are 21st century additions, while some of the stained glass is medieval. Explore for yourself or join a guided tour.



Moyse's Hall Museum, Bury St Edmunds

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Behind the cathedral, you'll discover the Abbey Gardens. Follow the path around the manicured flowerbeds and lawns to the ruins of the 11th century Abbey of St Edmund, once one of the most important monasteries in Europe.

Thirteen miles north of Newmarket is Ely, a city with a rich history and famous for its 11th century Cathedral, the only UK building to be listed as one of the 'Seven Wonders of the Medieval World'. Guided tours of the Cathedral are available daily. The city also boasts Oliver Cromwell's House which gives a fascinating insight into life in the 17th century. The House, which also serves as the city's Tourist Information Centre, provides a vivid snapshot of how Cromwell and his family would have lived during their ten years in Ely

Around fifteen miles to the west of Newmarket is the world-famous University City of Cambridge, one of the most visited attractions in the country. With over thirty colleges, the oldest dating back to the early 13th century, the University is a central part of Cambridge history and the variety of architecture is awe-inspiring. Take a punt along the River Cam and see the famous 'Backs' and appreciate the beauty of this historic academic centre.

Bury St Edmunds strikes an attractive balance between independent shops and household names, many within the vast Arc Shopping Centre, and there is a twice-weekly market (Wednesday and Saturday) and an annual Christmas Fayre in November. The Arc is also home to the Apex, a superb venue providing a range of events and entertainment and including a contemporary art gallery and the town's Tourist Information Centre.

There is also the Old Cannon microbrewery and plenty of pubs, including The Nutshell, which at 15 feet by 7 feet is officially the smallest pub in Britain!

from 1636. The entire exhibition area was substantially redeveloped in 2019 and is well worth a visit. The House is also the venue for two unusual and hugely popular activities: The Escape Room and the Murder Mystery Room which invite groups to solve a series of challenging clues. Both are highly entertaining and ideal for family or team-building events.

The Ely Eel Festival Weekend takes place every May with four days of revelry culminating in the renowned Food and Drink Festival featuring celebrity chefs.

Cambridge has a wealth of cultural attractions while shoppers will appreciate the imposing Grand Arcade and the quaint passageways that host an array of shops and restaurants. Cambridge also has a selection of unique and specialist art centres such as the Fitzwilliam Museum and Kettle's Yard.

MOYSE'S HALL MUSEUM

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West Suffolk Council

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[@Cromwells_House](#) [/cromwellshouse](#)



Love Newmarket
Business Improvement District



Map © Flook 2019

MAP KEY

- Pedestrians Only
- Pedestrian Crossing
- Toilets
- Short Stay Car Park
- Long Stay Car Park
- Coach Parking
- Bus Stops
- Tourist Information Centre
- Defibrillator

What's On - 2020 Guide

For more info, check out www.discovernewmarket.co.uk or follow   

January

King George VI: Royalty, Racing & Reputation at Palace House

Running until 19th April this exhibition looks at the passions, pursuits and controversies of George IV, a prominent patron of horseracing and of Newmarket.

19th

The Newmarket Wedding Show

The show is the best place to get ideas and inspiration for products and styling for your wedding with 110 exhibitors and live entertainment. Free to attend.

February

15th

National Stud Tours (through until 31st October)

Running from February through to October, a tour of The National Stud is an interesting day out for the whole family. Meet the foals, see the stallions and learn about a working thoroughbred stud farm.

19th

Twilight at the Museum at Palace House

Explore Palace House after-hours and experience the museum and collections by torch light and have an illuminated adventure during the half-term holidays.

March

22nd

Suffolk Spring Classic Sportive

Join us on a ride out from the Newmarket Racecourse by entering the Suffolk Spring Classic Sportive. It's the perfect warm-up event for longer and more challenging rides later on in the season, suiting all abilities of rider.

28th

Frühlingsfest Newmarket 2020

A selection of the finest Frühlingsfest beer, as well as traditional street food and entertainment set amongst decor that will transport you to a Bavarian biergarten.

April

Easter holiday family activities at Palace House

May

2nd & 3rd

QIPCO Guineas Festival

The QIPCO Guineas weekend is all about world-class sport, fantastic entertainment and a thrilling atmosphere for the running of the first two Classics of the season.

June

27th

Midsummer Night Walk

Join fellow walkers as you raise money for local causes. Choose between a 10km or 15km route and get friends and family involved.

July

Newmarket Music and Art Festival

Bringing like-minded people together to celebrate music and art in a variety and varied programme across July

4th

Newmarket Carnival

The High Street comes to life as participants take part in this colourful community event.

4th-5th

Hifields Festival at Chippenham Park

This dance music festival invites music lovers to the idyllic countryside for a weekend of partying. The lineup ranges from

'local legends' and rising stars to an array of household names and beloved artists from across the globe.

5th

TOTFest® at Newmarket Racecourse

TOTFest®, the dedicated baby and toddler festival is specifically aimed at children aged six months to five years. Families can expect a day of dedicated preschool fun!

9th - 11th July

The Moët & Chandon July Festival

The eyes of the world descend on the picturesque July Course for the Moët & Chandon July Festival. Enjoy three days of world-class horse racing, fabulous fashion and musical entertainment.

31st

Rick Astley at Newmarket Racecourse

His era-defining classic 'Never Gonna Give You Up' topped charts the world over and now, Rick Astley will headline Newmarket Nights on the 31st August.

August

1st & 2nd

Outdoor cinema at The Jockey Club Rooms

Enjoy a summer's evening watching some of your favourite films on the manicured lawns of The Jockey Club Rooms.

7th

Jack Savoretti at Newmarket Racecourse

Jack Savoretti will be making his Newmarket Nights

debut on Friday 7th August as he headlines after evening racing.

29th

Summer Saturday Live with McFly at Newmarket Racecourse

McFly return with a spectacular live show after the afternoon's racing, playing their best-loved mega-hits such as All About You, Obviously, Star Girl, One for the Radio and Shine a Light.

30th

Newmarket Soapbox Derby

Expect thrills and spills as participants in the Newmarket Soapbox Derby hurtle down Warren Hill in the race to be the fastest finishers.

September

12-13th

Newmarket Food & Drink Festival

Come and experience the very best of regional food and drink in a fun-filled weekend of food, live music, cooking demonstrations and celebrity chefs.

19th-20th

Henry Cecil Open Weekend

The Open Weekend gives visitors the unique opportunity to go behind the scenes at British horseracing's HQ, enjoy two fantastic days of fun and entertainment, and raise money for local charities.

October

9th-10th

Dubai Future Champions Festival

Dubai Future Champions Festival is the highlight of the Gold Season at Newmarket, with incredible racing coupled with superb entertainment. Friday hosts Autumn Ladies day featuring The Style Awards

November

Making Magical Memories/Christmas Light Switch-On

Every year, the Making Magical Memories event brings loads of festive fun to the High Street including the annual Christmas Light Switch-On.

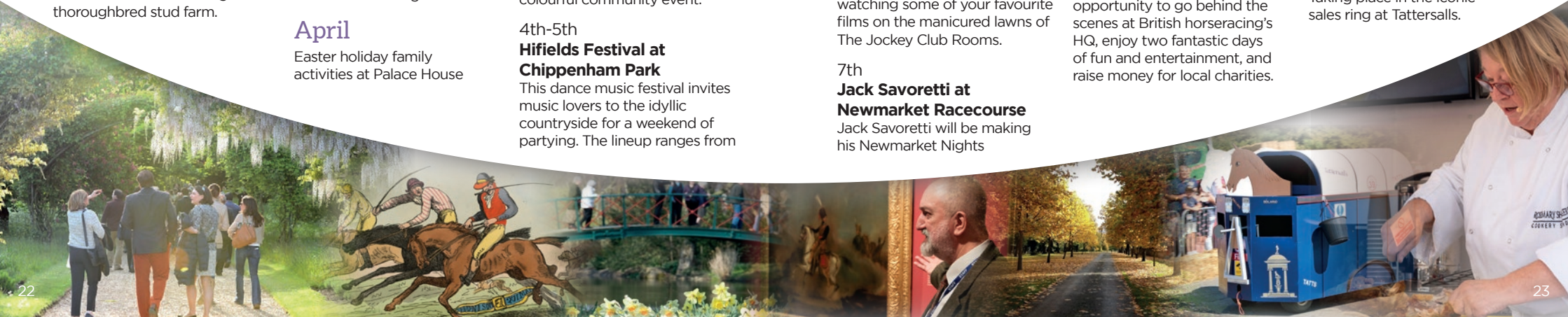
Presents Galore

East Anglia's most glamorous gift fair. Find the perfect Christmas gift for your friends and loved ones with a host of wonderful exhibitors on display.

December

Annual Christmas Carol Concert

An evening of festive cheer and carol singing which raises vital funds to support Racing Welfare's Chaplaincy service. Taking place in the iconic sales ring at Tattersalls.



Newmarket's busy High Street is a magnet for shoppers



Love to shop, eat and drink



Shopping in Newmarket is always a pleasure. Stroll the historic high street where independent boutiques sit side-by-side with national brands. Here you will find destination stores that can kit you out for a day at the races, a wedding or any other special occasion. Or explore the fantastic Guineas Shopping Centre where you will find many more outlets to suit all budgets and tastes. Alternatively, you will find the freshest local produce at the town market that takes place every Tuesday and Saturday.

Newmarket is home to Corney & Barrow, one of the longest established Independent Wine Merchants in the UK. Edward Corney opened his first shop more than 230 years ago on Old Broad Street in the City of London, offering a small selection of Port, Sherry and Bordeaux; Corney & Barrow now sells wine to every sector of the market sourced from producers all over the globe. The Newmarket shop is on the High Street, and provides a comprehensive range of services including wine advice, corporate gifts, events and restaurant trade supply and support.

The town centre has free WiFi so make sure you sign up on arrival and receive all the latest news and offers about this bustling and vibrant town.

Famous for sausages too

Newmarket's fame for the eponymous pork sausage came about because pigs were traditionally kept by racing stables to graze on stable scraps, and from Victorian times butchers developed their own special sausage recipes. Demand was such that a 'black market' in sausages arose, with gangs from the races dishonestly trying to obtain more than their quota from the butchers.

Today there is a plentiful supply from the three members of the Newmarket Sausage Association: **Musk's, Powters**

and **Tennant's**. Each has their own secret recipe, and all have won numerous prizes. In 2012, the Association secured a coveted Protected Geographical Indication (PGI), meaning that Newmarket Sausages can only be produced within the vicinity of the town and must have a minimum meat content of 70% with a fat content typically less than 20%. And they taste wonderful!

For more shopping information in Newmarket and to browse the full directory of shops, check out www.lovenewmarket.co.uk or follow us on [Facebook](#) [Twitter](#) [Instagram](#) @LoveNewmarket



West Suffolk markets

Our markets host special events throughout the year for more information visit: www.westsuffolkmarkets.co.uk

West Suffolk
Council



Bury St Edmunds

Cornhill every Wednesday and Saturday

Newmarket

High Street every Tuesday and Saturday

Haverhill

High Street every Saturday,
Market Square every Friday

Mildenhall

Market Place every Friday

Brandon

Market Place every Thursday

Clare

Market Hill third Saturday monthly



Squire's Restaurant at Bedford Lodge



Bertie's Restaurant at Heath Court Hotel



Red Lion in Soham



Montaz Indian Restaurant



The beautiful setting of the eighteenth century estate of Fordham Abbey, just north of Newmarket, is home to the **Dojima Sake Brewery** and officially opened as the UK's first Japanese Sake brewery in 2018. Tours of the brewery, with sake tastings, are available via their website. Future plans include a café, visitor centre and a shop, and the majestic Georgian house and gardens are available for meetings and functions. Check their website at www.dojimabrewery.co.uk for details of special themed events during the year.



Great food can be found across Newmarket. Old Station Road houses the award-winning **Montaz** Indian Restaurant which promises a modern twist on authentic Indian dining, and the ever-popular **Nancy's Vintage Teashop**, a memorably quirky venue for breakfast, lunch and afternoon tea, offering a delectable range of sandwiches, delicious cakes, freshly baked scones and uniquely blended teas. **Squires Restaurant** at the Bedford Lodge Hotel is another award-winning centre with beautifully cooked food backed by a superb wine list, and the **Heath Court Hotel** remains a hugely popular venue for visitors and locals alike. In nearby Soham, the **Red Lion** is an innovative restaurant and bar in an immaculately refurbished building which dates back to the 17th century, bringing English and Mediterranean cuisine with an accent on freshness.

Newmarket Food & Drink Festival

Returning for its sixth year on Saturday 12 and Sunday 13 September 2020. A free event based at Jockey Club Rooms, it brings together local chefs and producers for a weekend of culinary delights.



The Newmarket Heritage Food and Drink Trail

Join our Guide for a guided tour around the centre of Newmarket and discover the background story of this unique town:

Stop off at Powters Shop, find out about sausages and of course taste a sample; then head to Corney & Barrow for a tasting of some superb local wines or spirits; and finish at Nancy's Teashop and sample the Newmarket Cake before sitting down to enjoy lunch.

Full details are at www.discovernewmarket.co.uk



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📍 1 Rous Road, Newmarket,
Suffolk, CB8 8DH



🌐 corneyandbarrow.com 🐦 [@candbnewmarket](https://twitter.com/candbnewmarket) 📷 [@candbnewmarket](https://www.instagram.com/candbnewmarket) 📘 [@CorneyandBarrowNewmarket](https://www.facebook.com/CorneyandBarrowNewmarket)



DOJIMA SAKE BREWERY

Dojima Sake Brewery is open for tours and guided tastings by appointment only. The first of its kind to be built in the UK, this stunning brewery is set in the picturesque grounds of the Fordham Abbey estate. Come for a truly unique experience which combines English heritage with Japanese culture and delicious, hand crafted sake.

The Georgian manor house and gardens are also available for functions and conferences and Japanese cultural events are planned throughout the year. Join a brewery tour to find out about the exclusive Dojima Members' Club and several exciting developments planned for 2020 and beyond!

Dojima Sake Brewery
Fordham Abbey, Cambridgeshire CB7 5LL
Tel: 01638 721695

For Membership details:
www.dojimbrewery.co.uk/dojima-members-club/

Sake enquiries, brewery tour bookings:
www.dojimbrewery.co.uk
info@dojimbrewery.co.uk

Event, functions, garden enquiries:
www.fordhamabbey.co.uk
office@fordhamabbey.co.uk



📘 DojimaSake 📷 @dojimasake 📘 fordhamabbey



RED LION



Dating back to the 1600's, The Red Lion in Soham is the quintessential English Country Pub, now reinvented as an innovative restaurant by Lucy Harper, formerly of the Old Fire Engine House in Ely.

Lucy's aim is to create a constantly changing menu dominated by classic English and Mediterranean dishes, presented with a modern, rustic twist.

The Red Lion boasts an extensive list of predominantly French wines, but also featuring some new world wines from small producers.

If you are planning a special event, take a look at our Coach House – the perfect venue for a wedding reception, banquet or party.

We are open from Wednesday to Sunday. Please call or visit our website for detailed opening hours and reservations.

Red Lion Lodgings

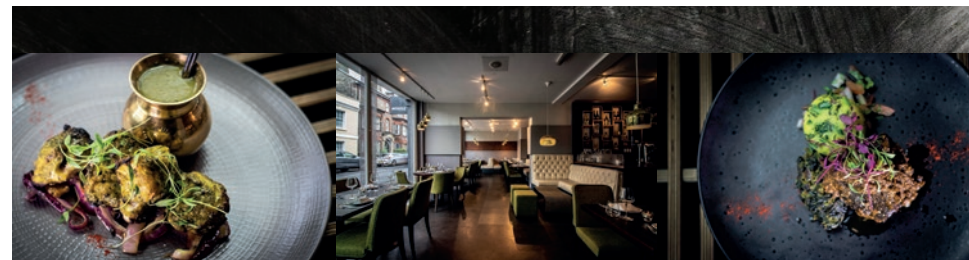
Oozing with period charm, but enjoying every modern convenience, the self-contained first floor flat at the Red Lion provides the perfect base for guests wishing to explore the sights of Cambridgeshire and Suffolk.

The apartment has a large sitting room, fully equipped kitchen, two double bedrooms and a large bathroom. For reservations, please refer to our ad on Airbnb.



The Red Lion, 17 High Street, Soham, Cambridgeshire CB7 5HA
Tel: 01353 771633 • www.redlionsoham.com

info@theredlionsoham.co.uk • insta: @red_lion_soham



Relax and dine in the most sophisticated setting whilst enjoying authentic Pan Indian cuisine. Combining heritage and modern cooking styles to create unique masterpieces.

MONTAZ

Pan Cuisine

30 Old Station Road, Newmarket • 01638 665888 • montaz.co.uk



Nestled in the heart of Newmarket, the award-winning Nancy's Vintage Teashop is a distinctively quirky venue for breakfast, lunch and afternoon tea. We offer a delectable range of sandwiches, delicious cakes, freshly baked scones and uniquely blended teas served on eclectic mismatching antique china in a bright setting of patchwork sofas, high-backed dining chairs and bunting sewn by hand.

Tel: 01638 667 064 • 18 Old Station Road, Newmarket
www.nancysteashop.co.uk

Leisure Time

Walking

Newmarket is a small town with a big heart. The long high street and a number of quaint side streets offer great opportunities for a stroll, some shopping or to relax with a bite to eat. There's plenty to do for the more active visitor, including a scenic walk along the historic **Devil's Dyke** or a tour of the **West Stow Anglo-Saxon Village** and Country Park, both just a few miles out of town.

#microgapping

For lovers of the latest microgapping following, look no further than Newmarket, where there are some great facilities to go wild, go explore and go experience. Two-wheel enthusiasts will revel at the experiences provided by **Phoenix Cycleworks**, a fantastic destination for mountain bikers in an area of the country not renowned for its mountains and well worth a visit. At the huge **WildTracks** site you can enjoy the stuff of dreams: go-karting, quad biking, clay shooting, 4x4 experiences and a host of other treats suitable for individuals and groups.

Markets

Appropriately there is a market in Newmarket every Tuesday and Saturday, notable for the range of fresh fruit and vegetables, plants and all sorts of household goods. Markets are a strong feature throughout the region, with regular events at Bury St Edmunds, Haverhill, Brandon, Mildenhall and Clare, and a daily market in Cambridge.

Arts

Lovers of art are spoilt for choice, with the dedicated Sporting Art gallery at Palace House, a vast array at the Jockey Club and a number of private galleries. **The Art Trails** run by Discover Newmarket cover the best venues. Up the road in Ely there are two renowned events called **Art Unequalled**, in June and November, great for jewellery, ceramics, sculpture and all types of traditional and modern paintings.

Devil's Dyke

West Stow Anglo-Saxon Village

Phoenix Cycleworks

Wild Tracks

Family days

One of Newmarket's most celebrated occasions is **The Henry Cecil Open Weekend**, a gala event which takes place on Saturday 19 and Sunday 20 September in aid of local charities. Horses are of course the central theme but there is also a Fun Dog Show and various celebrity appearances, making it a weekend ideal for all tastes and ages. Keep an eye on their website for full details nearer the time.

Spa

If you prefer a change of pace there are excellent spa facilities at **Bedford Lodge Hotel** where you can immerse yourself in luxurious treatments. Or for an aromatherapist experience, try Elemi and Rose at **The Old Stables** just outside Newmarket, where the tranquil surroundings provide a natural environment to relax and unwind.

The Spa at Bedford Lodge Hotel

RAISING MONEY
FOR CHARITY

**THE HENRY CECIL
OPEN WEEKEND**
19 - 20 SEPTEMBER 2020

SATURDAY
EQUINE ATTRACTIONS AND SITES OPEN | RACING AT THE ROWLEY MILE | CELEBRITY GUEST COMMENTARY | ROR HACKS SHOWING CLASS | AND MORE

SUNDAY
TRAINERS YARDS OPEN
WARREN HILL GALLOPS | FUN DOG SHOW | CELEBRITY RACING SHOW JUMPING | KIDS ENTERTAINMENT | AND MORE

KIDS UNDER 12
GO FREE

FOR FULL TIMETABLE AND TICKET DETAILS VISIT:
THEHENRYCEILOPENWEEKEND.CO.UK

WEST STOW

ANGLO-SAXON VILLAGE & COUNTRY PARK

Where *History* Comes Alive!

HOME TO THE Beowulf & Grendel Visitor Trail

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A FANTASTIC AND FUN **FAMILY DAY OUT**

WWW.WESTSTOW.ORG
ICKLINGHAM ROAD, WEST STOW, SUFFOLK IP28 6HG

West Suffolk
Council

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Outdoor Activity Park

Karting

4x4 Experience

Archery

Quad Biking

Clay shooting

Battlefield live

Book your experience and create some amazing memories

01638 751918 **wildtracksltd.co.uk**

Offering a wide range of activities for individuals and groups

Visit us: WildTracks, Chippenham Road, Kennett, Newmarket, CB8 7QJ

ART UNEQUALLED

EVENTS TO SHOWCASE SUPERB ART AND CRAFT

Ceramics
Illustration
Glass
Painting
Furniture
Wood
Textiles
Sculpture
Jewellery
Print
Enamel
Mixed media

Celebrating 10 Years!!

6th & 7th June
7th & 8th November
The Maltings
Ship Lane, Ely CB7 4BB

Admission: Adults: £2; Concessions: £1; Accompanied children under 15: Free

07850 286566 www.artunequalled.co.uk info@artunequalled.co.uk

PHOENIX CYCLEWORKS

Created By Riders For The Riders

A destination for mountain bikers in an area of the country not renowned for its mountains!

Test your mettle and improve your skills at the Phoenix Bike Park which incorporates an intense 3.5 mile cross-country/ cyclocross course. The Phoenix Cycleworks retail space provides cyclists of every discipline with exceptional selection, service, and hospitality. Visitors can relax in our friendly and welcoming cafe.

Phoenix Cycleworks is easily accessible and located.

01638 552517
info@phoenixcycleworks.co.uk

phoenixcycleworks.co.uk

Stay and Explore

Newmarket is located on the border of Suffolk and Cambridgeshire, surrounded by beautiful, unspoilt countryside, and within close proximity of Cambridge, Ely and Bury St Edmunds. The A11, M11, A1 and A14 link Newmarket to major cities across the south of England, including Norwich and London, and Stansted Airport is thirty minutes away.

Railway Timetable

03457 48 49 50

Bus Timetable

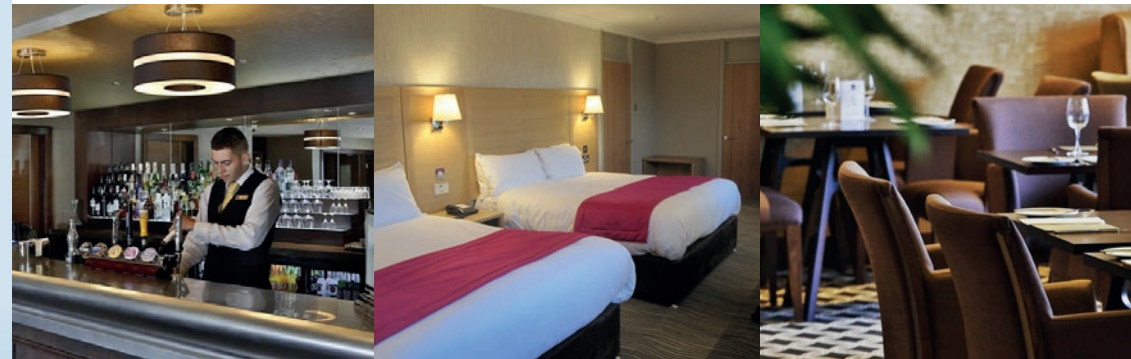
0871 200 22 33

or online at www.stagecoachbus.com
or www.traveline.info



NO VISIT TO NEWMARKET IS COMPLETE WITHOUT A TRIP TO THE HEATH COURT HOTEL

JOIN US FOR BREAKFAST, LUNCH OR DINNER, STAY OVERNIGHT OR HOST
A FUNCTION WITH US. OUR FRIENDLY TEAM ARE HERE TO HELP.



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43 NEWLY REFURBISHED BEDROOMS | FREE WIFI
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RESERVATIONS: 01638 667171 | RESTAURANT: 01638 676321

WWW.HEATHCOURTHOTEL.COM



THE OLD STABLES

This wonderful retreat-style Bed and Breakfast is run by Pop and Richard Frisby, who provide a very peaceful and comfortable stay whatever the occasion. The accommodation is in a charming renovated Old Stables annexe which has the added benefit of providing a rural escape while still close enough to enjoy days out in Newmarket, Bury St Edmunds, Cambridge and Ely.

Pop is a qualified Aromatherapist running Elemi & Rose wellbeing, so you have the added option of a relaxing Aromatherapy massage during your stay!

For a memorable country retreat style break, book at
The Old Stables, Rosalie Farm, CB8 9HU



pop.frisby@btinternet.com
Tel: 01440 783 377 • Mob: 07760 198 375
WWW.ROSALIEFARM.CO.UK



The Meadow House

Outstanding modern house in wooded grounds of two acres. Luxury king sized beds, large car park, generous English breakfasts. Close to Newmarket Racecourses, Cambridge and Ely. Pets accommodated by arrangement. Family rooms available including one family suite of rooms with south facing balcony overlooking gardens. Three large family rooms available.

**Mrs Hilary Marsh, The Meadow House, 2a High Street,
Burwell, Cambridge CB25 0HB**

T 01638 741926

E bookings@themeadowhouse.co.uk

M 07519 493664

W www.themeadowhouse.co.uk



Albert House

Albert House is a Grade II listed building, dating back to the 18th century and originally formed part of Albert House Stables. Since then the house has undergone extensive alterations whilst retaining its many period features and today provides spacious accommodation for up to 12 guests.

A short walk to the High Street means easy access to quality restaurants, independent shops as well as Newmarket's nightlife. It is also just a short walk from Warren Hill, the famed training grounds which come to life every morning as the town's equine residents go about their business.

Albert House, Moulton Road, Newmarket
+44 7889 635582
furlongsnewmarket@gmail.com



Garden Cottage

Situated in the historic village of Swaffham Prior, Garden Cottage offers every comfort. Two bedrooms, one king size double, one twin, lounge, dining room with doors opening onto the secluded decked garden. The cottage is close to Cambridge, Newmarket Racecourse, Ely and the Fens. Off road parking. Nice pub in the village.

**Mrs Hilary Marsh, 20 Cage Hill,
Swaffham Prior, Cambridge CB25 0JS**

T 01638 741926 M 07519 493664

E bookings@themeadowhouse.co.uk

www.themeadowhouse.co.uk



HILARY'S COTTAGE

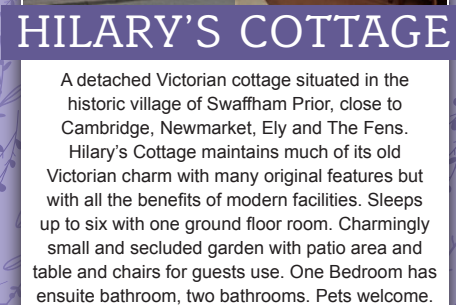
A detached Victorian cottage situated in the historic village of Swaffham Prior, close to Cambridge, Newmarket, Ely and The Fens. Hilary's Cottage maintains much of its old Victorian charm with many original features but with all the benefits of modern facilities. Sleeps up to six with one ground floor room. Charmingly small and secluded garden with patio area and table and chairs for guests use. One Bedroom has ensuite bathroom, two bathrooms. Pets welcome.

**Mrs Hilary Marsh, 16 Cage Hill,
Swaffham Prior, Cambridge CB25 0JS**

T 01638 741926 M 07519 493664

E bookings@themeadowhouse.co.uk

www.themeadowhouse.co.uk





THE NATIONAL STUD

Part of The Jockey Club

VISIT US

We are the only thoroughbred stud in the UK to open our doors for tours to the general public.

THE STUD

The National Stud is a 500 acre property on the outskirts of Newmarket owned by The Jockey Club since 2008. We provide a full range of services for breeding and raising thoroughbred racehorses from conception to the racetrack, ensuring that we are very busy all year round!

TOURS

Family friendly guided tours of the stud are run by Discover Newmarket and are a fantastic way of learning more about what goes on behind the scenes of a busy commercial stud farm.

COFFEE SHOP

What better way to top off a tour of our beautiful stud than with a visit to our locally famous coffee shop to refuel and pick up a National Stud souvenir to remember your visit by.

